

Northwest Periodontics & Dental Implants

◆ LASER ◆ Implants ◆ Sedation ◆



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Pre-Surgical Instructions

- Please take all regular daily medications as normal unless instructed otherwise.
- Take three 200mgs of Ibuprofen (Advil, Motrin), not Acetaminophen (Tylenol) before your appointment. IF THE PATIENT IS A CHILD, ONLY TAKE ONE 200MG PILL.
- Please take any pre-medications for your surgery, such as steroids or antibiotics, as directed by your surgeon
- Eat a nutritious meal before your appointment.
- Please do not wear face makeup on the day of your surgery.

Plan to rest the remainder of the day following your surgery. Soft cold foods for the first 48 hours are recommended as well as plenty of cold liquids. ***No carbonated beverages, nothing through a straw and no smoking for 48 hours after surgery.***

Recommended foods to have on hand:

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|----------------|-----------------|
| Jello | Egg Salad |
| Pudding | Tuna Salad |
| Canned fruit | Macaroni Salad |
| Cottage Cheese | Applesauce |
| Bananas | Ice Cream |
| Yogurt | Mashed Potatoes |

****You may bring your I-pod/MP3 player for your added comfort during surgery. We also have music and Bluetooth headphones at the office for those who need them****

If you prefer prescriptions be called in to your pharmacy, please allow 24 hours before surgery and before 3:00p.m.

NOTE: We require a minimum of 48 hours notice in order to change a surgery appointment as to best serve you and all our patients. A charge of 20% of your total surgical fee for that date will be applied to your account otherwise. Full payment is required at time of service.